

Beginner

Intermediate

Advanced

Premier

Bronze 1	Bronze 2	Silver 1	Silver 2	Gold 1	Gold 2	Platinum 1	Platinum 2	Diamond 1
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Beam

Mount

Teter

Partial Handstand

Handstand

Cartwheel

Cartwheel swing Handstand

Back Walkover

2 Connected Back Walkovers

Roundoff

Front walkover

Back Handspring

Back Walkover, Back Handspring

Straight Jump

Split Jump to 90

Split Jump to 120

Split Jump to 160

Split Jump to 180

Pivot Turn

Heel Snap Turn

1/2 Turn

Full Turn

1 1/2 turn

Jump Dismount

Side Handstand Dismount

Handstand 1/4 turn Dismount

Salto Dismount

Pike Salto Dismount

Roundoff, Back tuck dismount

Roundoff, Back pike dismount

X	X	X	X	X	X	X	X	X
X								
	X							
		X						
			X					
				X	X			
					X			
						X		
						X	X	
							X	X
								X
X								
	X							
		X	X					
				X	X	X		
							X	X
X								
	X	X						
			X	X				
					X			
						X		
							X	
								X